



Who do you speak to if you want to talk to someone about your child's wellbeing?

GIRFEC ensures children and young people get consistent and effective support for their wellbeing wherever they live or learn. If you want to talk to someone about your child's wellbeing or need information or advice you should contact your child's Named Person, who is your child's:

- **Health Visitor** - children aged 5 and under who do not yet attend primary school
- **Head Teacher or Depute Head Teacher** - primary school age children
- **Principal Teacher of Pastoral Support** - secondary school age children and young people.

Your child or young person's Named Person is able to provide information, support or advice and can help you to access or can signpost you to appropriate services.

If you would like to find out more about GIRFEC please visit our website
www.GIRFECinNL.com



getting
it right
for every child
in North Lanarkshire



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information for
parents and carers



What is GIRFEC?

Getting it right for every child (GIRFEC) is the national approach in Scotland to help improve outcomes and support the wellbeing of all children and young people by offering the right help at the right time from the right people for any child or young person who needs it.

Most children and young people get all the support and help they need from their parent(s), wider family, and local community in partnership with services like health and education. When extra support is needed the GIRFEC approach aims to make that support easy to access and seamless, keeping the child at the centre.



What is meant by wellbeing?

Wellbeing sits at the heart of the GIRFEC approach. It is recognised that a child or young person's wellbeing is influenced by everything around them and the different experiences and needs they have at different times in their lives.



Every child or young person should be safe, healthy, achieving, nurtured, active, respected, responsible and included.

Wellbeing is described by these eight indicators to help make sure everyone (children, parents and the people who work with them, such as teachers and health visitors) has a common understanding of what wellbeing means.

It is everyone's responsibility to work together to promote, support and safeguard the wellbeing of all children and young people.

The GIRFEC approach ensures every child or young person will have a designated Named Person available to them. Their job is to be a first point of contact for you, your child or anyone who has a concern about your child or young person's wellbeing.

